

# Lyme Community Primary School



June 3

## National Thank a Teacher Day

Earlier this week, the country said thank you to teachers, senior leaders, support staff and all those working in education settings who inspire and make a difference to children's lives across the country.

I know you recognise all our staffs' hard work and dedication in the face of the difficult challenges we have faced recently in education from the office, to the kitchen, to the caretaking of our school and the Teaching Assistants and Teachers. Team Lyme is amazing, and I couldn't be prouder of them. They absolutely go above and beyond every single day. As parents you don't see the daily goings on in school but please believe me when I tell you our staff are the best and only ever put your child's best interests first.

**I CAN!**  
**Inspire**  
**Challenge**  
**Achieve**  
**Nurture**

## Y6 End of Year Celebrations.

We are no longer taking over the Prom which had to be cancelled at St Patricks because of the Covid restrictions. We will have our own traditional celebration on the last day of Term, Thursday 22<sup>nd</sup> July and we'll film the Y6 Leavers' Assembly and provide that to all Y6 parents and Carers.

There will be no events for parents to attend now until September, to protect our summer holidays! Although you may hear of other schools allowing parents in, we will finish under our current restrictions so we can avoid any children, families or staff having to endure isolation periods in the summer holiday!

## Bikes and Scooters

Our rules are that scooters and bikes SHOULD NOT BE RIDDEN ON THE SCHOOL GROUNDS. There was a narrow miss of a potentially serious injury this week. Children should dismount and walk their bikes or scooters across the playground to park them up at the side of the school.

There are so many thousands of anecdotes and stories and examples of ways in which our staff have demonstrated that their sole purpose at Lyme is to do the very best for each and every child in their care.

The patience shown to the child who is at breaking point because they've come to school already at the end of their tether. The kindness shown to the child who needs something to eat because they arrive hungry. The time taken to push that child who isn't making the most of their talents or who needs a little extra explanation to master that calculation or use that writing technique.

The support given to those families who have needed it. The recognition of those children who can't tell you in words that they need help and that help given freely.

The extra smiles, check ins, time made, resources lent, referrals made, small group support given, extra reading, subsidised activities, wealth of experiences, individual help and support both physical and mental, the hugs, the tissues, the chocolate biscuits and cups of tea, the Milly licks, security, routines, boundaries, recognition of need, experience of a community family and so much more.

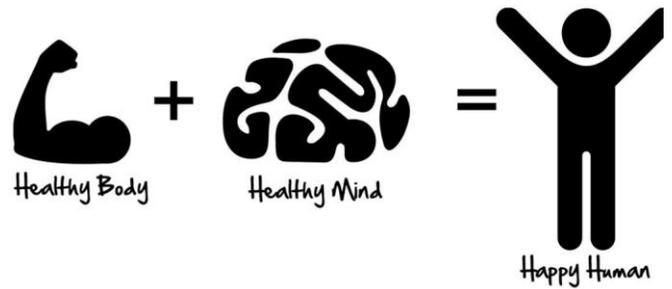
Given freely, without prejudice, with pleasure and without the recognition it deserves.

Thank you Team Lyme

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## Health and Well Being Week

We've had an extra focus this week on activities that promote mental health and well being and health. The children have learned lots of things and have participated brilliantly and maturely with our lessons. There are some amazing examples of work that has been done, here are some examples and there are lots more on our website.



It's more important than ever that we value and recognise mental health as highly as physical health. We've given the children lots of strategies and ideas to maintain or re-balance a healthy mind. For families there are LOADS of resources on our website in the Covid section – emotional health and well-being resources.



Looking ahead, we have Science Week coming up so look forward to lots of excitement around fizzes and bangs and other amazing scientific activities.

## Sports Day

ALL CHILDREN TO COME IN THEIR SPORTS KITS ON THURSDAY NEXT WEEK FOR OUR SPORTS DAY. They can come in their own sports clothes for the day. Lots of photos will be put on the website.

## Hope Academy Transition

Unfortunately, there have been changes made to the planned transition for Y6 in July BUT Hope Academy have been updating us on their new arrangements.

Members of Hope Academy staff will be at Lyme with the Y6 children going there in September on Tuesday 13<sup>th</sup> July to lead the children in a variety of activities to help them with transition and set them up for the next part of their educational journey.

I've e-mailed a letter to all Y6 with information about this and a link to 50 spare summer school places. These are because some invited children haven't taken up their invitation.

*We will be in touch next week separately with those families whose children we have identified as needing some extra visits to Hope in person.*

## Y5 Ethos Days

Our Y5 children will be taking part in sessions led in our school (completely socially distanced) by Hope Academy staff next week. There's a PE session on Tuesday and a drama activity on Friday.

**Y5 need their school sports kits on Tuesday!**

## Useful Resources and Information from the Local Authority

### Bite-size training for parents/carers and professionals working with children and young people

Merseyside Youth Association's mental health promotion team (RAISE Team) continue to deliver their range of bite-size courses, adapted from courses they have previously delivered.

These sessions cover a range of mental health issues which impact on children, young people and their families.

#### **Bite-size sessions coming up in July, delivered via Zoom**

Self-harm - 01/07/2021 4:00 pm - 4:45 pm [Book here](#)

Adolescent Brain Development – 05/07/2021 4:00 pm - 5:00 pm [Book here](#)

Adverse Childhood Experiences (ACEs) and Trauma – Non-School Delivery 2 half days 06/07/2021 - 07/07/2021 9:00 am - 12:30 pm [Book here](#)

Attachment 06/07/2021 9:30 am - 10:15 am [Book here](#)

Managing child worry 07/07/2021 4:00 pm - 4:45 pm [Book here](#)

An Introduction to Psychosis – 08/07/2021 9:30 am - 10:30 am [Book here](#)

**\*NEW COURSE\*** An Introduction to Grooming and Exploitation – 09/07/2021 9:30 am - 10:30 am [Book here](#)

Eating Disorders – 13/07/2021 9:30 am - 10:15 am [Book here](#)

Grief and loss - 15/07/2021 9:30 am - 10:30 am [Book here](#)

Self-harm - 15/07/2021 4:00 pm - 4:45 pm [Book here](#)

### **New text message support feature for children and young people and adults**

Shout 85258 is a free, confidential, 24/7 text message support service for anyone who is feeling overwhelmed or is struggling to cope.

The service is staffed by trained volunteers who will work with the individual to take their next steps towards feeling better.

They can help with issues such as stress, anxiety and depression and are here to talk at any time of day or night.

The team at ADDvanced Solutions Community Network continue to support the families living with neurodevelopmental conditions in Merseyside pre, during and post-diagnosis.

**What's available?**

A weekly programme of Virtual Community Network Groups and webinar Learning Workshops for parents and carers of children and young people living with neurodevelopmental conditions pre, during and post-diagnosis and also to the professionals who support them while we are unable to deliver our face-to-face delivery.

Read their newsletter [here](#).

[Book here](#)

Liverpool ADHD Support Group Meetings  
Monday 28<sup>th</sup> June 12pm - Join the [meeting here](#).

Monday 26<sup>th</sup> July 12pm - Join the [meeting here](#)