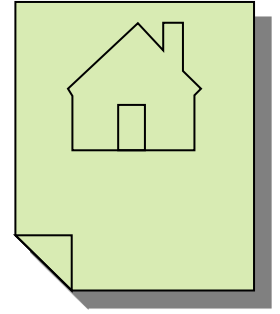


# Social and Emotional Learning



## Top tips for staying home

**SOCIAL AWARENESS** is the ability to empathise with others and see things from different points of view. It also involves the ability to solve problems and interact well with others and to recognise personal and social boundaries and how your actions can affect others.

Continuing to recognise emotions is important here as once we can recognise our own we can learn to recognise how others are feeling. **ALL** emotions are **OK**.

Play turn-taking games



Sort the socks  
Tidy out and order the cutlery drawer  
Separate the washing  
Group toys

All these tasks help us make sense of the world around us

Play emotion charades and guess the feeling that the person is acting out

### Problem solving activities

Puzzles  
Memory Games  
Building with construction toys  
Making patterns  
Ask questions before, during and after story time.

**REMEMBER** to practise good manners saying 'please', 'thank-you' and 'you're welcome'

### **KEEP IN TOUCH**

Draw a picture or write a message in a card and about how you are feeling and things you've been doing and post it to your friends. Group chat online with your friends and family  
Have someone in your family read a bedtime story via video call.

Carry out a Random act of kindness

Follow the **FAIR PLAY RULES** when playing games.

1. Take turns
2. Follow the rule
3. Don't tease or boast

