

# Social Emotional Learning

## Lesson 13: Respect in the Community Supplementary Activities



## Pre-school:

### **NHS or Key Worker Poster**

This is a great way of showing your respect and support for the NHS and Key Workers

#### **You will need:**

- Colouring pencils or felt tips
- A blank sheet of paper
- Scotch tape (or blue tack)

#### **Instructions (for rainbow):**

1. With the help of an adult draw a rainbow. Look at the picture above for the order of the colours of a rainbow
2. Write "Thank You NHS" on your poster however and wherever you would like (writing optional – you can only draw the rainbow it is easier).
3. Using tape, stick your poster on a window facing outwards to show your respect and support for the NHS!



#### **Instructions (for heart):**

1. With the help of an adult, write "thank you key workers" in bubble writing outlined in blue or another colour if you prefer (writing optional- you can also only draw a blue heart and colour it in on your own)
2. Draw a heart around and colour it in in the same colour. Make sure you don't colour in the letters.
3. Using tape, stick your poster on a window facing outwards to show your respect and support key workers!

## Age 4-7:

### **Card or email to teachers**

Brighten up your teacher's day by designing and writing them a thank you card!

#### **You will need:**

- Colour pencils or felt tips
- A pen or pencil

- A blank sheet of paper or card paper
  - An envelope
- OR
- A laptop or computer

### Instructions:

1. If you are drawing a card by hand, fold the paper in half. If you are using a laptop or computer, design a picture using a colouring or drawing programme
2. Draw a picture that shows the respect you have for your teacher on the front of the card
3. If you are making a card by hand, write a message on the inside. If you are using a laptop, write a message above or below your picture, or as a separate email. Make sure to tell your teacher how much you appreciate them, thank them for their support and ask them how they are
4. Address your card to the school or send it via email.



## Age 7-11:

### Helpful note to neighbours

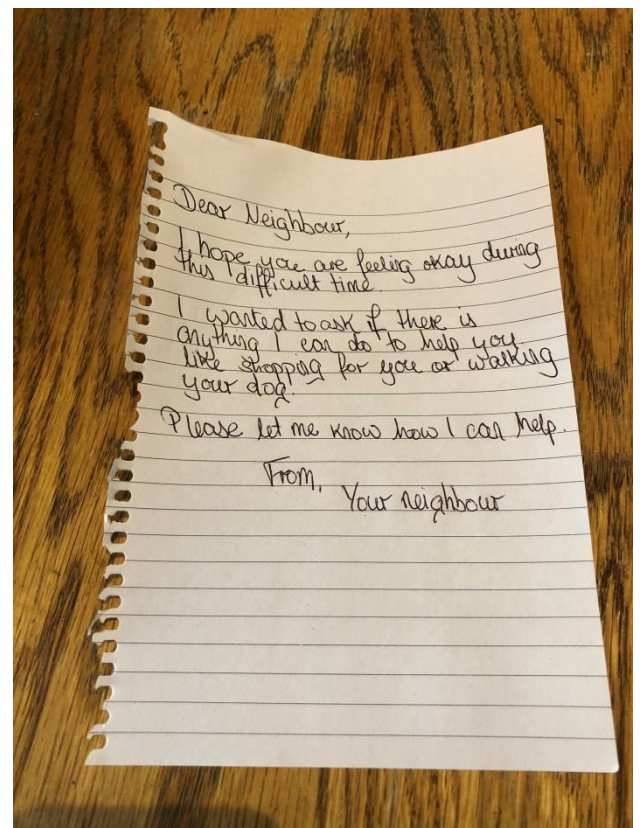
Show your respect for the community by offering to help your neighbours!

### You will need:

- A few sheets of paper
- A pen or pencil

### Instructions:

1. Write separate notes to your neighbours asking them how they are and if there is any way you can help them. This can include doing their shopping for them, walking their dog, or baking them biscuits to cheer them up.
2. Post the letter through their letter box
3. Always make sure that you are with your Mum or Dad when going to speak to a neighbour and remember to stand 2 metres away



**Believe in  
children**  
Barnardo's