



RELATIONSHIPS & HEALTH EDUCATION

PARENTAL CONSULTATION

2023/24

OBJECTIVES

We want to:

- Explain the changes to requirements for RSE coming in from September 2020
- Discuss our role as an 'early adopter' school
- Explain how we currently teach RSE, and get your views on how well this curriculum works
- Explain how we have begun develop our updated curriculum
- Get your views on what our RSE curriculum covers

WHAT ARE THE NEW RSE REQUIREMENTS?

- We **must** provide the following to all pupils:
 - Relationships education
 - Health education



WHAT ARE THE NEW RSE REQUIREMENTS?

Sex Education is not really about sex!

The government emphasis is on Relationships and Health Education!

'Sex Education' at primary school (which is taught in Years 5 and 6) only includes:

1. Puberty
2. Human reproduction

WHAT DOES THE GOVERNMENT SAY IS THE AIM OF RELATIONSHIPS EDUCATION?

‘Today’s children and young people are growing up in an increasingly complex world and living their lives seamlessly on and offline....children and young people need to know how to be safe and healthy, and how to manage their academic, personal and social lives in a positive way’.

Secretary of State for Education... Draft guidance 2019

RELATIONSHIPS EDUCATION

Children need to feel:

- physically safe
- they have agency in their situation
- in control of their emotions
- valued
- they belong
- they are worthy



These feelings are largely achieved through healthy, positive relationships... so relationships help the learning process.

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RHE NATIONAL CURRICULUM OBJECTIVES

BY THE END OF PRIMARY SCHOOL PUPILS WILL KNOW ABOUT:

- > **Families and people who care for me (Yrs 1-6)**
- > **Caring friendships (Yrs 1-6)**
- > **Respectful relationships (Yrs 1-6)**
- > **Online relationships (Yrs 1-6)**
- > **Mental Wellbeing (Yrs 1-6)**
- > **Internet Safety and Harm (Yrs 1-6)**
- > **Physical Health and Fitness (Yrs 1-6)**
- > **Healthy Eating (Yrs 1-6)**
- > **Drugs and tobacco (Yrs 5-6)**
- > **Health Prevention (Yrs 1-6)**
- > **Changing Adolescent body (Science) (Yrs 5-6)**

Science:

YR5- describe the life process of reproduction in some plants and animals /describe the changes as humans develop to old age

-YR6- recognise that living things produce offspring of the same kind, but normally offspring vary and are not identical to their parents recognise the impact of diet, exercise, drugs and lifestyle on the way their bodies function

HOW MUCH IS COVERED IN SCIENCE?

YEAR GROUP	NATIONAL CURRICULUM OBJECTIVE
Y1	<ul style="list-style-type: none">Identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense.
Y2	<ul style="list-style-type: none">Notice that animals, including humans, have offspring which grow into adults.
Y3	<ul style="list-style-type: none">No content linked to puberty or reproduction.
Y4	<ul style="list-style-type: none">No content linked to puberty or reproduction.
Y5	<ul style="list-style-type: none">Describe the differences in the life cycles of a mammal, an amphibian, an insect and a bird.Describe the life process of reproduction in some plants and animals.Describe the changes as humans develop to old age. (<i>They should learn about the changes experienced in puberty.</i>)
Y6	<ul style="list-style-type: none">Recognise that living things produce offspring of the same kind, but normally offspring vary and are not identical to their parents.

THE EQUALITIES ACT (2010)

- **Schools MUST comply with the Equalities Act 2010**
- *‘Schools must not unlawfully discriminate against pupils because of their age, sex, race, disability, religion or belief, gender reassignment...or sexual orientation (protected characteristics).*
- *‘Schools should be alive to issues such as everyday sexism, misogyny, homophobia and gender stereotypes and take positive action to build a culture where these are not tolerated’
PSHE is a key part of this. All children are valued and included.*

THE NEW OFSTED FRAMEWORK (2019)

- **Schools MUST be prepared to be inspected in the following areas:**

Overall effectiveness and

1. Quality of education
2. Behaviour and attitude
3. Personal development (this links to RHE and RSE)
4. Leadership and management

OUR CURRICULUM

- See PSHRE Curriculum map
- See PSHRE Progression of skills
- See PSHRE – long term, medium term and short term plan

RESOURCES



30 mins per week will be taught using **PATHS** (Promoting Alternative Thinking Strategies) scheme of work and resources.

1 hour per week will be explicit **PSHE** teaching using resources from:



PARENTAL RIGHT TO WITHDRAW

Parents of primary-age children have the right to withdraw their children from **some or all** of Sex Education that is outside the Science Curriculum, but **not** to withdraw from Relationships Education, Health Education or Science.

What can parents withdraw their children from?

Where do babies come from? (if covered in non-statutory part of PSHE, but when this is covered in Science there is no parental right to withdraw)

This is the only aspect of PSHE parents have the right to withdraw from as Puberty work is in statutory Health Education.

If needed, there is a ‘right to withdraw’ letter as an appendix to the RSE Policy which is to be given to Mrs. Cribb.

Lyme Community Primary School
Appendix 3: Parent form: withdrawal from sex education within RSE

TO BE COMPLETED BY PARENTS			
Name of child		Class	
Name of parent		Date	
Reason for withdrawing from sex education within relationships and sex education			
Any other information you would like the school to consider			
Parent signature			

TO BE COMPLETED BY THE SCHOOL	
Agreed actions from discussion with parents	

PARENTAL SUPPORT WITH RSE

- Mumsnet works with the PSHE Association to engage parents in issues covered by their children's personal, social health and economic education. Visit the Mumsnet Campaigns page (<http://www.mumsnet.com/campaigns>) for more information.
- <https://www.parentkind.org.uk/Parents/Relationships-Education-and-Relationships-and-Sex-Education-RE-RSE>



YEAR GROUP SPECIFIC RESOURCES

Please have a look at the following documents on the webpage:

- RSE policy
- Curriculum maps
- Resources



Any feedback to be added to the questionnaire

<https://forms.office.com/r/2nXanVvycg>