



RELATIONSHIPS & HEALTH EDUCATION

PARENTAL CONSULTATION

MONDAY 2ND MARCH 2020

OBJECTIVES

We want to:

- Explain the changes to requirements for RSE coming in from September 2020
- Discuss our role as an 'early adopter' school
- Explain how we currently teach RSE, and get your views on how well this curriculum works
- Explain how we have begun develop our updated curriculum
- Get your views on what our RSE curriculum covers

WHAT ARE THE NEW RSE REQUIREMENTS?

- We **must** provide the following to all pupils:
 - Relationships education
 - Health education



WHAT ARE THE NEW RSE REQUIREMENTS?

Sex Education is not really about sex!

The government emphasis is on Relationships and Health Education!

'Sex Education' at primary school (which is taught in Years 5 and 6) only includes:

1. Puberty
2. Human reproduction

WHAT DOES THE GOVERNMENT SAY IS THE AIM OF RELATIONSHIPS EDUCATION?

‘Today’s children and young people are growing up in an increasingly complex world and living their lives seamlessly on and offline....children and young people need to know how to be safe and healthy, and how to manage their academic, personal and social lives in a positive way’.

Secretary of State for Education... Draft guidance 2019

RELATIONSHIPS EDUCATION

Children need to feel:

- physically safe
- they have agency in their situation
- in control of their emotions
- valued
- they belong
- they are worthy



These feelings are largely achieved through healthy, positive relationships... so relationships help the learning process.

WHAT ARE THE NEW RSE REQUIREMENTS?

- We **must** provide the following to all pupils:
 - Relationships education
 - Health education

RHE NATIONAL CURRICULUM OBJECTIVES

BY THE END OF PRIMARY SCHOOL PUPILS WILL KNOW ABOUT:

- > **Families and people who care for me (Yrs 1-6)**
- > **Caring friendships (Yrs 1-6)**
- > **Respectful relationships (Yrs 1-6)**
- > **Online relationships (Yrs 1-6)**
- > **Mental Wellbeing (Yrs 1-6)**
- > **Internet Safety and Harm (Yrs 1-6)**
- > **Physical Health and Fitness (Yrs 1-6)**
- > **Healthy Eating (Yrs 1-6)**
- > **Drugs and tobacco (Yrs 5-6)**
- > **Health Prevention (Yrs 1-6)**
- > **Changing Adolescent body (Science) (Yrs 5-6)**

Science:

YR5- describe the life process of reproduction in some plants and animals /describe the changes as humans develop to old age

-YR6- recognise that living things produce offspring of the same kind, but normally offspring vary and are not identical to their parents recognise the impact of diet, exercise, drugs and lifestyle on the way their bodies function

HOW MUCH IS COVERED IN SCIENCE?

YEAR GROUP	NATIONAL CURRICULUM OBJECTIVE
Y1	<ul style="list-style-type: none">Identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense.
Y2	<ul style="list-style-type: none">Notice that animals, including humans, have offspring which grow into adults.
Y3	<ul style="list-style-type: none">No content linked to puberty or reproduction.
Y4	<ul style="list-style-type: none">No content linked to puberty or reproduction.
Y5	<ul style="list-style-type: none">Describe the differences in the life cycles of a mammal, an amphibian, an insect and a bird.Describe the life process of reproduction in some plants and animals.Describe the changes as humans develop to old age. <i>(They should learn about the changes experienced in puberty.)</i>
Y6	<ul style="list-style-type: none">Recognise that living things produce offspring of the same kind, but normally offspring vary and are not identical to their parents.

THE EQUALITIES ACT (2010)

- **Schools MUST comply with the Equalities Act 2010**
- *‘Schools must not unlawfully discriminate against pupils because of their age, sex, race, disability, religion or belief, gender reassignment...or sexual orientation (protected characteristics).*
- *‘Schools should be alive to issues such as everyday sexism, misogyny, homophobia and gender stereotypes and take positive action to build a culture where these are not tolerated’
PSHE is a key part of this. All children are valued and included.*

THE NEW OFSTED FRAMEWORK (2019)

- **Schools MUST be prepared to be inspected in the following areas:**

Overall effectiveness and

1. Quality of education
2. Behaviour and attitude
3. Personal development (this links to RHE and RSE)
4. Leadership and management

OUR CURRICULUM

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
2018/19	Respect/Humility	Diversity/Tolerance/ Unity/Freedom	Wisdom	Resilience/Courage	Trust/ Honesty/Truthfulness/ Justice	Compassion/Empathy/ <u>Care</u>
2019/20	Responsibility/Honesty	Diversity/Tolerance/ Understanding/Unity/ Freedom	Peace/ Consideration	Love/Kindness/ Patience	Generosity/ Thankfulness/ Appreciation	Co-operation/ Friendship/Happiness
2020/21	Perseverance/ Determination	Diversity/Tolerance/ Understanding/Unity/ Freedom	Positivity/ Encouragement	Forgiveness/ Understanding	Service/Hope	Creation/ Creativity/Imagination
Events <i>Article 14</i>	Harvest Eid-ul-Adha Diwali	Christmas Hanukkah Anti-Bullying week St Andrew's Day Children in Need	New Year E-Safety Week	Lent/Shrove Tuesday Easter St Patricks' / St David's Day Vaisakhi Comic Relief	<u>Wesak</u> St. George's Day	Ramadan
The UN Convention on the Rights of the Child (links to RRSA)	<i>Respect: Articles 1, 5, 12, 13, 18</i> <i>Responsibility: Articles 18, 34, 35, 36, 42</i> <i>Perseverance: Articles 21, 23, 24, 29, 30, 34</i>	<i>Diversity: Articles 2, 14, 23</i> <i>Peace: Articles 14, 36, 37, 38</i>	<i>Wisdom: Articles 24, 28</i> <i>Service: Articles 24, 38, 39</i> <i>Humility: Articles 16, 17, 36</i>	<i>Courage: Articles 13, 22</i> <i>Generosity: Articles 26</i> <i>Forgiveness: 4 Articles 0</i>	<i>Truthfulness: Articles 13</i> <i>Trust: Articles 6, 16, 17, 20, 21, 22, 35</i> <i>Thankfulness: Articles 1, 28</i>	<i>Compassion: Articles 14, 37</i> <i>Justice: Articles 36, 37, 38</i> <i>Creation and Creativity: Articles 15, 28, 29, 31</i> <i>Friendship: Articles 15, 28, 31/</i>

OUR CURRICULUM

2019/20	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Whole school events	Pupil Voice Council voting <i>Articles: 12, 13</i>	Diversity: Black History Month/ Disabled Person's Day/UK identities <i>Articles: 12, 14, 23, 30</i>	LGBT month <i>Articles: 12, 14, 30</i> Children's Mental Health Week <i>Articles: 12, 13, 24, 27</i>	World Book Day/ World Poetry Day <i>Articles: 15, 29, 31</i>	Global Week <i>Articles: 22, 28, 30, 31</i>	Health and Well-being Week <i>Articles: 24, 25, 33, 34</i>
	Class Charters – duty bearers <i>Articles: 1, 2, 42</i>	Multi- faith work <i>Articles: 12, 13, 14</i>	Safer Internet Day Science Week <i>Articles: 12, 13, 17</i>	Money Week <i>Articles: 12, 13, 15, 28, 31</i>	Arts Week <i>Articles: 12, 13, 15, 28, 31</i>	Local Area Week (KS2) <i>Articles: 12, 13, 15, 28, 31</i>
Global citizenship						
Local		<u>Willowbrook Hospice</u>	<u>Willowbrook Hospice</u>			Business for Youth
National	Jeans for Genes Day	Children in Need		Comic Relief/ Sport Relief		
Global	Global goals		Water Aid		War Child	UNICEF

OUR CURRICULUM

PSHE																
2019/20	Autumn 1			Autumn 2			Spring 1		Spring 2		Summer 1		Summer 2			
Reception																
PATHS	Unit 1: Positive Climate <i>Articles: 28, 29</i>			Unit 2: Basic Feelings I <i>Articles: 12, 13, 16</i>			Unit 3: Basic Feelings II <i>Articles: 12, 13, 16</i>			Unit 4: Self-Control <i>Articles: 12, 13, 16</i>						
	H3/1 2	R2/4/7	L1/2/ 8	H2/4/15	R1/2/4 /5/6/7	L1/2/8/9	H4/14	R1/2/4/5/8	L8/9	H1/4/14/15	R1/2/4/6/11/12/13					
RSE	*Our Day *Keeping Ourselves Clean *Families (Teaching SRE resources) <i>Articles: 6, 7, 8, 24</i>						People who help us <i>Articles: 24, 28, 29</i>			NSPCC workshop/ PANTS session <i>Articles: 16, 17, 19, 24, 34</i>		Transition <i>Article: 5, 28</i>				
	H13						H6		R9	H16		R1/10				
Year 1																
PATHS	Unit 5: Sharing, Caring and Friendship <i>Articles: 15, 31</i>			Unit 6: Basic Problem-Solving <i>Articles: 12, 13, 16</i>			Unit 7: Intermediate Feelings <i>Articles: 12, 13, 16</i>			Unit 8: Advanced Feelings I <i>Articles: 12, 13, 16</i>		Unit 8: Advanced Feelings II <i>Articles: 12, 13, 16</i>		Unit 9: Wrap-Up Keeping Safe (<i>Twinkl</i> resources) <i>Articles: 27, 28</i>		
	H2	R2/3/4/5/6/ 7/8/12/13	L1/2/8/ 9	H2/3/4/5	R1/2/4/5/6/ 8/12	L1/2	H2/3/4	R1/5/ 11	L8/9	H2/4	R1/2/4/5/ /6	H2/4	R1/2/4/5/ 6	H3/5	R5	L1/9
RSE	Special People (<i>Twinkl</i> resources) <i>Articles: 27, 28</i>						Online Safety: Responsible Use (<i>Safer Internet</i> site) <i>Article: 17</i>					NSPCC workshop/ PANTS session <i>Articles: 16, 17, 19, 24, 34</i>		*Keeping Clean *Growing and Changing *Families and Care (Teaching SRE resources) <i>Articles: 3, 6, 7, 8, 24, 27, 28</i>		
	H13			R9	L10		H16		R12/13 /14			H16		R1/10	H1/6/7/10	

OUR CURRICULUM

2019/20	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
Year 2							
PATHS	Unit 1: Positive Classroom Environment <i>Articles: 12, 13, 16</i>	Unit 3: Feelings and Behaviours <i>Articles: 12, 13, 16</i>	Unit 4: Self-Control and Anger Management II <i>Articles: 12, 13, 16</i>	Unit 5: Feelings and Behaviours <i>Articles: 12, 13, 16</i>	Unit 6: Friendship and Feeling Lonely <i>Articles: 12, 13, 15, 16</i>	Unit 7: Manners and Listening to Others <i>Articles: 12, 13, 15, 16</i>	
	Unit 2: Introduction to Feelings <i>Articles: 12, 13, 16</i>	Unit 4: Self-Control and Anger Management I <i>Articles: 12, 13, 16</i>	Unit 8: Feelings/Emotions/Behaviours <i>Articles: 12, 13, 15, 16</i>				
	H2/3/4/12/14/15	R1/2/4/5/6/8	L1/2/3/8	H2/3/4/12/14/15	R1/2/4/5/6/8/12/13/14	L1/2/3	
RSE	Being part of community <i>(Twinkl/TES resources)</i> <i>Articles: 15, 28, 29</i>		Online Safety: Responsible Use/Privacy <i>(Safer Internet site)</i> <i>Article: 17</i>	Medicines <i>(BBC/Twinkl/TES resources)</i> <i>Articles: 24, 28, 29</i>		NSPCC workshop/PANTS session <i>Articles: 16, 17, 19, 24, 34</i>	*Differences: Boys and Girls *Differences: Male and Female *Naming the Body Parts <i>(Teaching SRE resources)</i> <i>Articles: 27, 28</i>
			L4/10		H16	R12/13/14	
				H11			
				H16	R1/10		
						H10	

OUR CURRICULUM

2019/20	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2												
Year 3																		
PATHS	Unit 1: Establishing a Positive Classroom Environment and Enhancing Self-Esteem <i>Articles: 12, 13, 15, 16</i>	Unit 3: Improving Self-Control, Self-Awareness and Anger Management <i>Articles: 12, 13, 15, 16</i>	Unit 5: Getting Along with Others 1 – Friendship <i>Articles: 9, 12, 13, 15, 16, 17, 18, 19</i>	Unit 6: Feelings in Relationships 1 <i>Articles: 9, 12, 13, 15, 16, 17, 18, 19</i>	Unit 8: Feelings and Expectations <i>Articles: 9, 12, 13, 15, 16, 17, 18, 19</i>	Unit 10: Feelings in Relationships 2 <i>Articles: 5, 9, 12, 13, 15, 16, 17, 18, 19</i>												
	Unit 2: Basic Emotions <i>Articles: 12, 13, 15, 16</i>	Unit 4: Using Our Thinking Skills <i>Articles: 12, 13, 15, 16</i>		Unit 7: Getting Along with Others 2 <i>Articles: 9, 12, 13, 15, 16, 17, 18, 19</i>	Unit 9: Feelings About School <i>Articles: 9, 12, 13, 15, 16, 17, 18, 19</i>	Unit 11: Endings and Transitions <i>Articles: 5, 9, 12, 13, 15, 16, 17, 18, 19</i>												
	H1/5/6/9	R1/9/10/15/18/21	L2/6/7/9	H1/2/7/9/13	R2/7/11/12	L1/6/7/8	H1/7/11	R1/2/7/10/11/12/14/15/18	L1/2/6/7/8/9	H5/6/11	R1/2/7/9/12/14/15/18/21	L2/7/8	H5/6/13	R2/7/14/15/18	L7/8	H2/5/6/7/8/11/13	R7/9/12/14/15/18	L1/2/7/8
RSE	Personal hygiene <i>(Twinkl resource/Handwashing resources)</i> <i>Articles: 28, 29</i>		Online Safety: Keeping Safe Online <i>(Safer Internet site)</i> <i>Article: 17</i>		NSPCC workshop <i>Articles: 17, 24</i>		*Differences: Male and Female *Personal Space *Family Differences <i>(Teaching SRE resources)</i>											
		H12					H22	R21					H20	R8		H1	R2/3/4/5/8	

OUR CURRICULUM

Year 4																	
PATHS	Unit 1: Getting started <i>Articles: 12, 13, 15, 16</i>			Unit 2: Feelings and Relationships <i>Articles: 12, 13, 15, 16</i>			Unit 3: Making Good Decisions <i>Articles: 9, 12, 13, 15, 16, 17, 18, 19</i>			Unit 4: Being Responsible and Caring for Others <i>Articles: 9, 12, 13, 15, 16, 17, 18, 19, 22</i>			Unit 5: Problem-Solving I <i>Articles: 9, 12, 13, 15, 16, 17, 18, 19</i>		Unit 5: Problem-Solving II <i>Articles: 9, 12, 13, 15, 16, 17, 18, 19</i>		
	H1/5	R2/7/10/11/12	L2/6	H1/5/6/7/9/10/11	R1/2/7/9/11/12/14/15/18/21	L2/6/8/12	H2/9/10/11/13/14	R10/14/14/15/18		H11/13/14	R11	L1/6/9/12	H5/6	R1/2/7/10/11/12/21	L1/6/8/12		R14/15/18
RSE	Different kinds of relationships <i>(Twinkl resources)</i> <i>Articles 28,29</i>						Online Safety: Sharing Images <i>(Safer Internet site)</i> <i>Article: 17</i>			Challenging Stereotypes <i>(Twinkl resources)</i> <i>Articles 28,29</i>			NSPCC workshop <i>Articles: 17, 24</i>		*Growing and Changing *What is Puberty? *Puberty Changes and Reproduction <i>(Teaching SRE resources)</i> <i>Articles: 28, 29</i>		
				R2/3/4/5/6/19			H23				R16/17			R8		H18/19/20	

OUR CURRICULUM

2019/20	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2									
Year 5															
PATHS	Unit 1: Getting Started <i>Articles: 12, 13, 15, 16</i>		Unit 2: Problem Solving <i>Articles: 12, 13, 15, 16</i>		Unit 3: Goals and Identity <i>Articles: 1, 2, 3, 4, 5, 6, 7, 8, 9, 12, 13</i>		Unit 4: Making and Keeping Friends <i>Articles: 12, 13, 15</i>		Unit 5: Being Responsible and caring for Others I <i>Articles: 9, 12, 13, 15, 16, 17, 18, 19, 22</i>		Unit 5: Being Responsible and caring for Others II <i>Articles: 9, 12, 13, 15, 16, 17, 18, 19, 22</i>				
	H1/5/6/7/11	R1/2/7/9/10/11/12/21	L1/4/7	H2/5/7/9/11/13	R7/10/11/12/14/15/18	L1	H5	R11	L1/7	H1/5/6/7	R1/2/7/12/14/15/18/21	L4/7	H5/8	R2/7/10/11/12/14/15/18/21	L1/7/9/12
RSE	*Actions and consequences *Empathy *Identity (Equality and Human Rights Commission resources) <i>Articles: 1, 2</i>				Online Safety: Media vs Reality (Safer Internet site) <i>Article: 17</i>			*Diversity *Negative attitudes *Discrimination (Equality and Human Rights Commission resources) <i>Articles: 1, 2</i>			NSPCC workshop <i>Articles: 17, 24</i>		*Talking About Puberty *Male and Female Changes *Puberty and Hygiene (Teaching SRE resources) <i>Articles: 28, 29</i>		
		R13			H4				R13			R8		H18/19/20	

OUR CURRICULUM

Year 6																		
PATHS	Unit 1: Getting Back Into PATHS <i>Articles: 12, 13, 15, 16</i>			Unit 2: Organisational Skills <i>Articles: 12, 13, 15, 16, 28, 31</i>			Unit 3: Conflict Resolution <i>Articles: 12, 13, 15, 16</i>			Unit 4A: Number Stars <i>Articles: 12, 13, 15, 16</i>			Unit 4B: Respect <i>Articles: 9, 12, 13, 15, 16, 17, 18, 19, 22, 37, 39</i>			Unit 5: Endings and Transitioning <i>Articles: 5, 6, 12, 13, 15, 16</i>		
		H1/2/5/11/13	R1/2/7/10/12/14/15/18/21		H1/5/8	R2/7/10	L12	H7/11	R2/7/10/12/14/15/18	L2/3	H6/7/11	R7/10/14/15/18	L1/6/7/9/12		R7/10/14/15/18	L1/7/9/12	H8	
RSE	<p>*Equality *What are human rights? *How do human rights work? <i>(EQ and HR resources)</i></p> <p><i>Articles: 1, 2, 3, 4, 5</i></p>						<p>Online Safety: Responsible use of mobile phones <i>(Safer Internet site)</i></p> <p><i>Article: 17</i></p>			<p>*Balancing human rights *Influencing attitudes *Taking action <i>(EQ and HR resources)</i></p> <p><i>Articles: 1, 2, 3, 4, 5</i></p>						<p>NSPCC workshop <i>Articles: 17, 24</i></p> <p>*Puberty and Reproduction *Understanding Relationships *Conception and Pregnancy *Communication in Relationships <i>(Teaching SRE resources)</i></p> <p>*FGM *Forced Marriage <i>(Freedom Charity resources)</i></p> <p><i>Articles: 28, 29</i></p>		
		R13					H24				R13					H18/19/20	R20	L5

OUR CURRICULUM

2019/20	Autumn 1			Autumn 2			Spring 1			Spring 2			Summer 1			Summer 2		
FOCUS WEEKS	British Values			Diversity			E-Safety week			Money/Career and Aspirations week			Global week			Health and Wellbeing week		
	*Student Councils elections *UNCRC class charters			Anti-Bullying week <i>(Care and Share resources, Barnados)</i>			Children's Mental Health week									Arts week		
	KS1: H3	KS1: R5/7	KS1: L1/2/3/4	KS1: H2/4/15	KS1: R10/11/12/13/14	KS1: L8/9	KS1: H12	KS2: R14/21	KS2: L17/18	KS1: H3		KS1: L6/7	KS1: H3		KS1:L4/5	KS1: H10/16	KS1:H6/7/11/12	KS1:L4/5/10
	KS1: H5	KS2: R10/11		KS2: H1/2	KS2: R16/17/18	KS2: L6/11/12	KS2: H4/24/25			KS1: H5		KS2: 13/14/15/16	KS1: H5		KS2:10/11/12	KS2: H3/4/10/12/15/16/17/21	KS2: H15/16/17/23	KS2:L10/11

PSHE Core Theme	
Health and Well Being	
Relationships	
Living in the Wider World	

RESOURCES

The majority of our lessons are covered using the **PATHS** (Promoting Alternative Thinking Strategies) scheme of work and resources.

Other resources used are from:

*Teaching RSE with confidence

*NSPCC

*TES

*Equality and Human Rights Commission

*Freedom Charity

*PSHE Association



PARENTAL RIGHT TO WITHDRAW

Parents of primary-age children have the right to withdraw their children from **some or all** of Sex Education that is outside the Science Curriculum, but **not** to withdraw from Relationships Education, Health Education or Science.

What can parents withdraw their children from?

Where do babies come from? (if covered in non-statutory part of PSHE, but when this is covered in Science there is no parental right to withdraw)

This is the only aspect of PSHE parents have the right to withdraw from as Puberty work is in statutory Health Education.

If needed, there is a ‘right to withdraw’ letter as an appendix to the RSE Policy which is to be given to Mrs. Cribb.

Lyme Community Primary School
Appendix 3: Parent form: withdrawal from sex education within RSE

TO BE COMPLETED BY PARENTS			
Name of child		Class	
Name of parent		Date	
Reason for withdrawing from sex education within relationships and sex education			
Any other information you would like the school to consider			
Parent signature			

TO BE COMPLETED BY THE SCHOOL	
Agreed actions from discussion with parents	

PARENTAL SUPPORT WITH RSE

- Mumsnet works with the PSHE Association to engage parents in issues covered by their children's personal, social health and economic education. Visit the Mumsnet Campaigns page (<http://www.mumsnet.com/campaigns>) for more information.
- <https://www.parentkind.org.uk/Parents/Relationships-Education-and-Relationships-and-Sex-Education-RE-RSE>



YEAR GROUP SPECIFIC RESOURCES

Please have a look at the following:

- RSE policy
- Curriculum map for each specific year group
- Year group specific resources



**Any feedback to be handed to
Mrs. Roberts.**